



## Dance Central Performance Team Policy/Contract

### CLASS ATTENDANCE and TRAINING

**COMPULSORY CLASSES FOR JUNO, NEXUS, MONARCH TEAM and COMBINED TEAM dancers:**

- Ballet (RAD or APDA)
- Jazz (APDA)
- Contemporary (APDA)

**COMPULSORY CLASSES FOR, NOVA AND STELLA TEAM dancers:**

- Ballet (RAD or APDA)
- Jazz (APDA)

**COMPULSORY CLASSES FOR HIPHOP TEAM dancers:**

- Jazz (APDA)
- HipHop (APDA)

All compulsory classes – syllabi and team - must be attended. **If attendance drops below 90% in any class,** the dancer will not continue in a team and/or solo, duet and trio competitions.

Competition and Team dancers improve their development by taking extra classes other than the compulsory classes OR attend OPEN classes OR do fitness or Pilates training.

Competition and Team dancers will, when and where possible, do dance workshops or Summer/Winter Schools, to learn from a variety of **reputable** teachers.

It is vital that competition and/or Team dancers show continuous growth and development in their skill range – physical and performance.

**In class, Team dancers will:**

- always have a positive attitude in class,
- always be prepared for class (know the work and be ready to learn),
- always be groomed and dressed appropriately for class,
- always strive to improve,
- always take feedback and critique on board,
- always be on task and focussed,
- always lead by example.

## **GROOMING and COMPETITION ETIQUETTE**

All dancers will wear a DC Top (Jacket, Hoodie, T-shirt, Studio Singlet, Puffer Vest) at all competitions. Whilst in Uniform, dancers will represent the studio by having a positive and kind attitude towards their parents/caregivers, teachers, fellow DC dancers, other participants, the adjudicator(s) and the organisers of the event. **At all times DC dancers will be respectful, kind and supportive. DC dancers will lose gracefully and win humbly.**

All dancers are expected, to arrive at a competition **at least 30min** (hair and make-up done) or 45min+ (hair and make-up not done) prior to their starting time. This will allow the dancer to get in the right focussed mindset, to properly warm-up and to build their team and/or individual ENERGY prior to stepping on stage.

## **COPYRIGHT**

All competition choreography created for DC and by DC staff, belongs to Dance Central.

**DC choreography cannot be used for another school/studio/team/duo/trio or solos – unless arranged with Ms Iggy.**

By arrangement with Ms Iggy outside choreographers are allowed to choreograph items for DC Teams. **Polishing of the dances must be done by DC Staff.**

## **EXAMS**

Exam results will be taken into account for selection of the 2025 Teams. It is very important that a spot in a team is **earned** and it starts from working hard in syllabi classes. For APDA compulsory classes, dancers must gain a result above 88%. For RAD Ballet, dancers must gain a result above 65%. **Exam results highlight TECHNICAL and PERFORMANCE SKILLS which is what our Team and Competition dancers should consistently excel in.**

**I understand and agree to the terms and conditions of the Dance Central Competition Contract. I am excited to be part of the DC Competition family and will represent Dance Central with PRIDE and PASSION. I am committed to my training – to improve and developed in order to reach the high standards expected of me.**

**DANCER SIGN HERE**

**PARENT SIGN HERE**